

Shelter-in-Place for Earthquake

When disaster strikes, it may be safer to stay in your home, place of employment, or other location. Learn where to go, what to do, and how long you should shelter-in-place for the hazards in your area.

Earthquakes are the sudden, rapid shaking of the earth, caused by the breaking and shifting of underground rock. Earthquakes can collapse buildings and cause heavy items to fall, resulting in injuries and property damage.

Take Additional Safety Measures

Drop, Cover, and Hold On like you practiced.

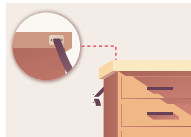
Drop to your hands and knees. Cover your head and neck with your arms.

Hold on to any sturdy furniture until the shaking stops.

Crawl only if you can reach better cover without going through an area with more debris.

If in bed, stay there. Turn onto your stomach. Cover head and neck with a pillow.

Secure TVs, shelves and other heavy furniture.



If you are in a high-rise building, expect fire alarms and sprinklers to go off. DO NOT use elevators.

What to do

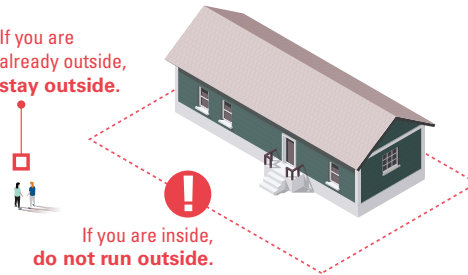
During an earthquake, stay where you are. **Drop, Cover and Hold On.**



If you are in a **Manufactured or Mobile Home**



If you are already outside, stay outside.



If you are in a **1- or 2-Story Building** May have an attic and/or basement



If you are already outside, stay outside.



If you are in a **Multistory Building** Includes schools, apartments, and offices

Take cover under a sturdy table, hold on and cover your neck and head.



If you are already outside, stay outside.



How long to shelter-in-place?



For the length of the earthquake.

Visit <https://community.fema.gov/ProtectiveActions/s/> for more information.



FEMA